

# Ubuntu Learning centre

## Principles of effectiveness

### Goal

To become a hub for learning about healthy living practices for people from all walks of life

### Our principles of effectiveness

These principles encompass our values. They are our values in action which we use to evaluate ourselves.

1. Start small, learn from what we are doing and gradually scale up and out.
2. Promote a culture of lifelong action learning always building on what is known already and encouraging everyone to take ownership of their own learning
3. Connect to nature, culture and the past as sources of wisdom and solutions to our every day challenges
4. Walk the talk in what we teach and expect others to do
5. Go out of our way to question what is taken for granted and think through things while connecting the dots and creatively thinking outside the box
6. Creatively design and demonstrate natural solutions to common challenges
7. Strive for harmony with nature and between people by taking care of ourselves and of others